

**Southern Arran is characterised** by rolling pastures and long sandy beaches. The largest village in this area is Whiting Bay – once the site of a substantial steamer pier which attracted an upmarket clientèle who built the grand villas lining the road. Modern Whiting Bay retains a quiet elegance, with many of the villas converted to guest accommodation.

At the southern end of the bay, the spectacular Glenashdale Falls tumble through woodland and combine with a nearby iron age fort and chambered cairns

known as the Giants' Graves to make one gentle walk.

Further south, Kildonan is celebrated for having what is probably the best beach on the island – a long stretch of sand with awesome views south, including to the small island of Pladda.

To the southwest, Kilmory – actually incorporating the settlements of Torrylinn and Lagg – houses a creamery where the famous Isle of Arran Cheese is produced. The numerous prehistoric settlements here are also evidence of far earlier habitation.

# Whiting Bay and Southern Arran

- 1 Glenashdale Falls** 78  
This circuit through a wooded glen reveals the most dramatic waterfall on the island, as well as an iron age fort
- 2 Kingscross Point from Whiting Bay** 80  
Raid the ruins of a Viking fort and burial ground with views to Holy Island and plentiful birdlife
- 3 Kildonan Castle** 82  
Bask on the stunning sands before climbing towards the castle ruins on the shortest walk to be featured
- 4 Kildonan shore** 84  
Explore the rugged coastline below high cliffs for glimpses of marine life and a meander around rockpools
- 5 Eas Mor and Loch Garbad** 86  
This forest walk follows an all-abilities track to a dramatic waterfall, then a rougher path to a peaceful hill loch
- 6 Kilmory beach circular** 88  
Linger on Arran's most beautiful beach on another short circular walk
- 7 Corriecravie and Torr a'Chaisteil** 90  
Skirt the shoreline to enjoy an iron age dun and panoramic sea views
- 8 Kilpatrick Cashel** 92  
Venture back in time to the ruins of a circular drystone homestead with views over Blackwaterfoot
- 9 Kilpatrick Preaching Cave** 94  
Take a coastal tour to the cave once used by the local congregation to show their anger at the Clearances



## Eas Mor and Loch Garbad

**Distance** 5.5km **Time** 1 hour 30 to 2 hours

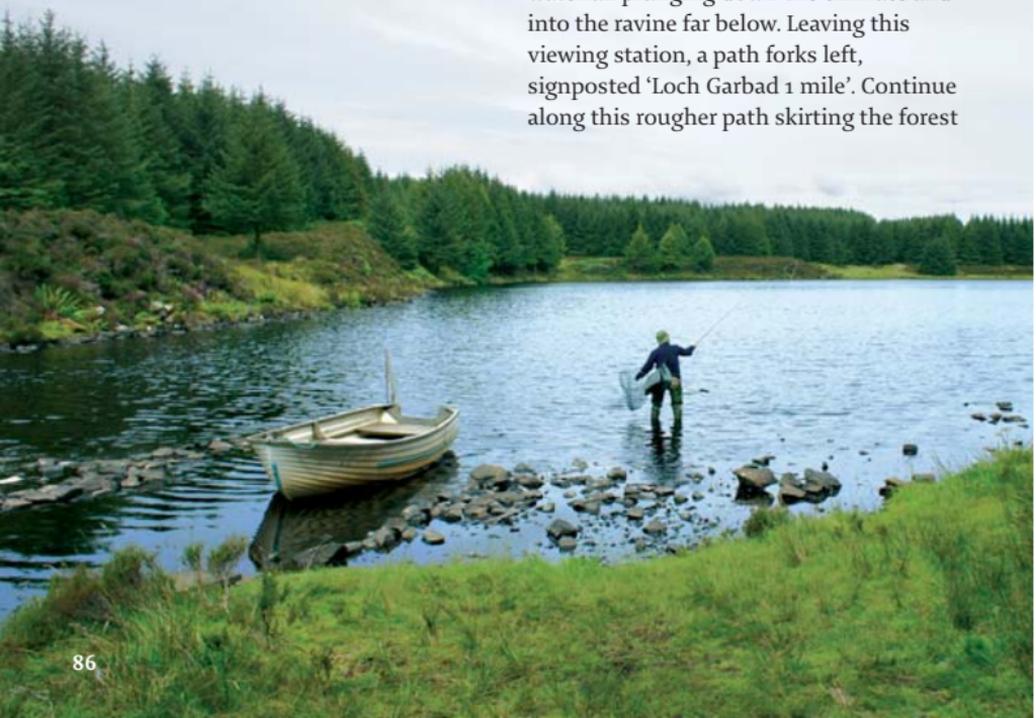
**Terrain** well-made all-abilities aggregate footpaths as far as the waterfall, then a rougher and slightly boggier path to the loch **Map** OS Explorer 361 or Landranger 69 **Access** Stagecoach bus (323) to just past Kildonan

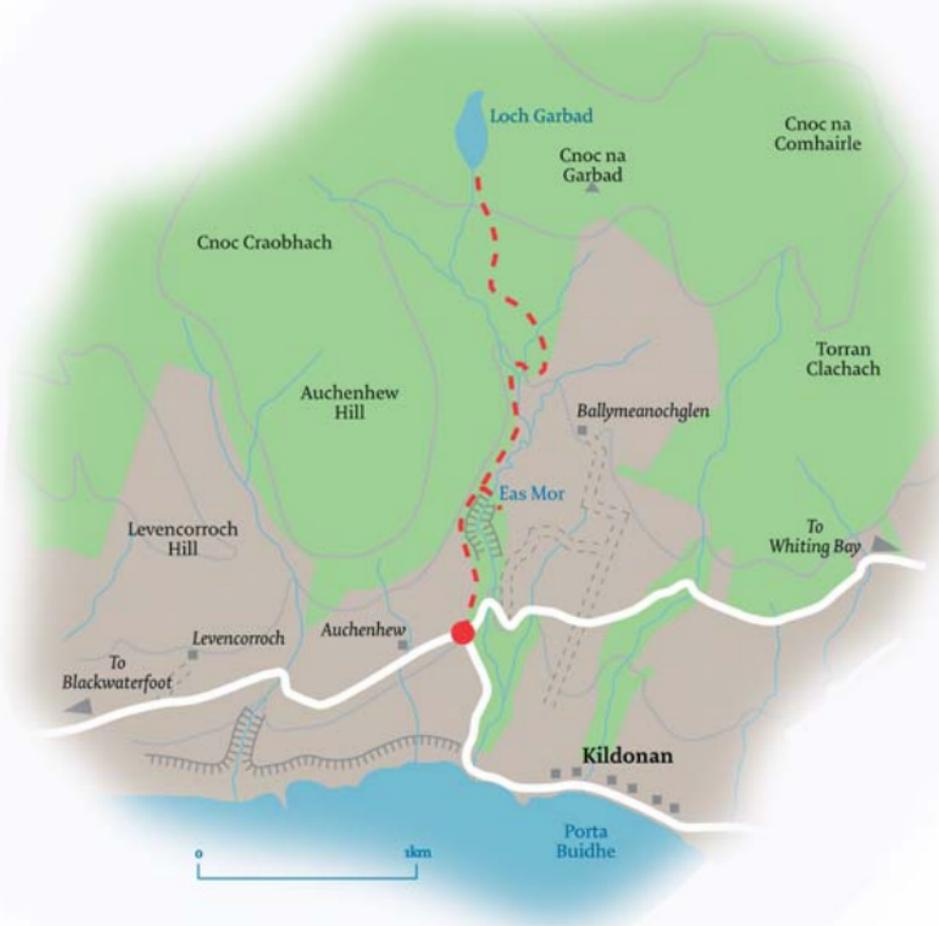
A walk through forestry to view a 'Hidden Valley' and the dramatic Eas Mor waterfall before reaching a remote and peaceful hill loch.

There is a dedicated car park alongside the A841 opposite the road down to Kildonan. The bus will stop at this

junction if requested. Leave the car park by the Eas Mor Ecology interpretive board and donation box and enjoy the well-made all-abilities track constructed by the organisation. The gently rising path is lined by a variety of native plants and trees, with wildflowers punctuating the verges below. It soon enters forestry above a steep-sided gorge, deep enough to prevent the Allt Mor at the valley base from being viewed from here.

There are a number of viewing platforms located along the path, but the final platform offers the most dramatic view of the long plume of the Eas Mor waterfall plunging down the cliff face and into the ravine far below. Leaving this viewing station, a path forks left, signposted 'Loch Garbad 1 mile'. Continue along this rougher path skirting the forest





boundary, with the tall conifers on the left and farmland to the right. Soon the path reaches a gate and stile on the right leading down to Ballymeanochglen and the farm beyond – ignore this and continue left to re-enter the forest.

The path follows a small watercourse as it continues gently uphill. Step over a small burn and enter a wider forest ride lined with heather, before reaching Loch

Garbad by a small picnic bench. Popular with fly fishermen, this tranquil loch is a lovely place for a lunch break. Return to the junction above the waterfall, but make sure you stop into the Eas Mor Ecology library – a turf-roofed wooden structure built from trees felled in the 1998 storm and lined with drawings created by visitors. Return to the car park via the main track.